



**Patiala Medical College Alumni Association**  
ਪਤਿਆਲਾ ਮੈਡੀਕਲ ਕਾਲਜ ਆਲਮਨੀ ਆਸੋਸੀਏਸ਼ਨ

presents:

## Updates in Medicine and Surgery

July 27-28, 2018



Patiala Medical College

**The Ritz-Carlton**  
**Tysons Corner**  
1700 Tysons Boulevard  
McLean, VA 22102

**Target Audience:** Physicians from various specialties and subspecialties of medicine and surgery



**Ranjodh S. Gill, MD**  
Associate Professor,  
Endocrinology  
VCU, Richmond VA

**Faculty**



**Surinder K. Mann, MD**  
Clinical Professor, Medicine  
Director, Small Bowel Endoscopy  
University of California at Davis  
Sacramento CA



**Surjit S. Julka, MD**  
Pulm/Sleep/Crit Care  
Life Bridge Health, Baltimore MD



**Vipul D. Sharma, MD**  
Family Med/Sports Med Specialist  
Geisinger Health System  
Wilkes Barre, PA



**Ashok Kumar, MD**  
Pain/Spine Surgery Specialist  
Premier Pain Professionals,  
Pottsville, PA



**Jagmohan S. Sidhu, MD**  
Medical Director and Chairman  
Pathology and Laboratory Medicine,  
UHS Hospitals, Johnson City, NY

## Updates in Medicine and Surgery CME Program: Day 1

July 27, 2018 (Friday)

- 9:00 AM **Welcome and Introductions**  
*Jagmohan S. Sidhu, MD*
- 9:10 AM **Blood is an "Organ" and a Blood Transfusion is a "Mini-Organ Transplant": Don't Take it Lightly !**  
*Jagmohan S. Sidhu, MD*
- 10:10 AM **Disruptive Technology for Imaging of the Small Intestine**  
*Surinder K. Mann, MD*
- 11:10 AM **Tea/Coffee Break**
- 11:40 AM **Failed Back Surgery Syndrome: It's Pathophysiology and Treatment Options.**  
*Ashok Kumar, MD*
- 12:40 AM **Adjournment**  
*Jagmohan S. Sidhu, MD*



## Updates in Medicine and Surgery CME Program: Day 2

July 28, 2018 (Saturday)

- 9:00 AM **Welcome and Introductions**  
*Jagmohan S. Sidhu, MD*
- 9:10 AM **Vitamin D Deficiency: When to Test and How to Treat ?**  
*Ranjodh S. Gill, MD*
- 10:10 AM **Tennis Elbow (Lateral Epicondylitis): It's Pathophysiology and Treatment Options.**  
*Vipul D. Sharma, MD*
- 11:10 AM **Tea/Coffee Break**
- 11:40 AM **Obstructive Sleep Apnea: A Serious Matter if it is Left Untreated**  
*Surjit S. Julka, MD*
- 12:40 AM **Adjournment**  
*Jagmohan S. Sidhu, MD*
- 12:40 PM **Business Meeting**



**Organizers:** Jagmohan S. Sidhu, MD and Ranjodh S. Gill, MD

**Learning Objectives:** At the completion of this CME activity, the attendees will be able to:

1. Manage patients with vitamin D deficiency, sleep apnea and gastrointestinal disorders more appropriately.
2. Implement new ways in their practice to manage patients with some of the more common pain syndromes.
3. Follow new guidelines for transfusion of blood components.

**Accreditation** - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SUNY Upstate Medical University and Patiala Medical College Alumni Association (PMCAA). SUNY Upstate Medical University is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation** - SUNY Upstate Medical University designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Policy** - To ensure balance, independence, objectivity and scientific rigor in all certified CME activity SUNY Upstate Medical University requires that all planners, faculty and individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest that might be perceived as a real or apparent conflict of interest. Detailed disclosures will be made in writing prior to speaker presentations.

**Disclosures** - None of the organizers/planners or faculty for this activity have financial relationships with commercial interests.

**Commercial Support** - No commercial support was received for this activity.

**Americans with Disabilities Act (ADA)** - In accordance with the Americans with Disabilities Act, SUNY Upstate Medical University seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact Jagmohan Sidhu at (607) 201-5954.

**Registration Fee for the CME Program:** \$100.00

Please include the payment for CME activity in the registration form for the Annual Alumni Reunion by a personal check payable to PMCAA and mail it to:

Ranjodh S. Gill, MD  
 President, PMCAA  
 2030 Channel View Terrace  
 Chester, VA 23836

# PMCAA Registration 2018

Last Name: \_\_\_\_\_  
 First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Gender: \_\_\_\_\_  
 Address: \_\_\_\_\_ Home  Office   
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Office Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Year of Graduation: \_\_\_\_\_ Speciality: \_\_\_\_\_



**Patiala Medical College  
 Alumni Association**  
[www.pmcaa.com](http://www.pmcaa.com)

Spouse's Name: \_\_\_\_\_

Is your spouse a Doctor? Y  N  If yes, complete the following:

Address: \_\_\_\_\_  Same as above  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 College: \_\_\_\_\_ Year of Graduation: \_\_\_\_\_ Speciality: \_\_\_\_\_

MEMBERSHIP CATEGORIES:  Patron / Medical Student / Resident / Fellow - Proof may be needed (No Membership Fees)

\$1000 Patron (Life) Membership  \$100 Annual Membership  
 \$2000 Joint Patron Membership  \$200 Joint Annual Membership

Package A: Friday & Saturday gala events, all meals, Thursday dinner and Sunday breakfast	-----		
Package B: Friday & Saturday gala events, Friday, Saturday and Sunday breakfast	-----		
Package C: Saturday gala event, Sunday breakfast	-----		
Packages (per person)	Adults 13 & over	Children 5-13 Yrs (children under 5 free)	-----
A	\$500 x _____	\$250 x _____	\$ _____
B	\$400 x _____	\$200 x _____	\$ _____
C	\$300 x _____	\$150 x _____	\$ _____
CME (per physician)	\$100 x _____	-----	\$ _____
PHF Donation (Voluntary)	<input type="checkbox"/> \$1000 <input type="checkbox"/> \$500	<input type="checkbox"/> \$200 <input type="checkbox"/> \$100	\$ _____
<b>TOTAL</b>	-----	-----	<b>\$ _____</b>

**Please add \$50 per person for each package after June 30, 2018 (No exceptions)  
 (Cancellation: \$100 less per package until July 20, no refunds after July 20)**

Make checks payable in US dollars to PMCAA  
 Mail this registration form to: 2030 Channel View terrace, Chester, VA 23836